

Freshmen Parent Meeting

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Guidance Counselors
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High School Credits

- ▶ Each semester class a student takes is worth $\frac{1}{2}$ credit.
- ▶ Depending on course selection students have the possibility of earning up to 3.5 credits each semester, or 7 credits in one year.
- ▶ Students must earn a minimum of 5 credits by the end of their Freshman year to be considered a Sophomore the following year.

STATE GRADUATION REQUIREMENTS

- ▶ 4 credits (years) of English
- ▶ 3 credits of Math (including 1 credit of Algebra and a course with geometry concepts)
- ▶ 2 credits of Science
- ▶ 2 credits of Social Studies
- ▶ ½ credit of Health
- ▶ Physical Education every semester
- ▶ 1 credit of art, music, foreign language, or vocational courses
- ▶ Prairie State Achievement Exam (PSAE)

GRADUATION vs COLLEGE REQUIREMENTS

College requirements ADD the following:

4 credits of Math preferred

3 credits of Science

3 credits of Social Studies

2 credits of Foreign Language, Music, or Art


Resources to Help Students Academically

- ▶ Most 9th graders have IA on their schedule. They need to make the most of that time every day to complete homework and ask questions.
- ▶ Project Excellence is available all periods of the day for help in all academic subjects. It is in the Nexus.
- ▶ Homework Club is in the Nexus after school Monday–Thursdays for extra help

Resources to Help Students

- ▶ Have your student get to know his or her counselor. We are here for academic help as well as social–emotional issues that arise.
- ▶ They can sign up with the secretary in the guidance office and the counselor will call the student down within 24 hours, unless it is an emergency.

Helpful Hints for Parents

- ▶ Stay in contact with teachers. Email is an easy way to get updates on class progress.
 - ▶ Encourage your student to get involved—clubs, sports, community service, etc.
 - ▶ Help your student start practicing good study habits now.
 - ▶ Start discussing future plans—college, military, employment.
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CRISS for Parents

- ▶ Almost all teachers in the building are trained in Project CRISS, which helps students learn different strategies to assist them in the classroom.
- ▶ CRISS for Parents will be offered September 28th for you to learn more about how you can help at home.
- ▶ More information is available from the CRISS Building Coordinators at their table in the cafeteria.

Exit Slip

- ▶ This is a CRISS strategy for you to try....and to give us some valuable feedback.
- ▶ On the slip of paper provided please answer the following and hand in before leaving.
- ▶ **BASED ON YOUR LIFE EXPERIENCES, HOW CAN WEST HIGH MAKE LEARNING RELEVANT TO STUDENTS?**

Any Questions?

