

August 2009

Arbor Management, Inc.



**AURORA WEST SCHOOL DISTRICT 129  
ELEMENTARY SCHOOL  
LUNCH MENU**

Mon

Tue

Wed

Thu

Fri

Arbor Management welcomes you back to school!  
Free ice cream cup on the 19th!

Win a chance to win cool prizes when you eat lunch every day the week of August 24th!

**19**

CHICKEN SANDWICH  
GREEN BEANS  
CHILLED PEARS  
ICE CREAM  
MILK

**20**

NACHO SUPREME  
w/Taco Meat & Cheese, Salsa  
LETTUCE CUP  
FRESH ORANGE  
SMILES  
ANIMAL CRACKERS  
MILK

**21**

TONY'S CHEESE PIZZA  
TOSSED SALAD w/Dressing  
CHILLED APPLESAUCE  
MILK

Cal xxx  
T. fat xxx  
S. fat xxx  
Carb xxx  
Prtn xxx  
Iron xxx  
Calc xxx  
Vit A xxx  
Vit C xxx

**24**

CHICKEN NUGGETS  
OR SLOPPY JOE  
GREEN BEANS  
CINNAMON  
APPLESAUCE  
MINI PRETZELS  
MILK

**25**

BEEF TACOS  
w/Taco Meat & Cheese  
OR AMERICAN SUBMARINE  
SHREDDED LETTUCE  
FRESH ORANGE SMILES  
MILK

**26**

HAMBURGER  
OR CORN DOG  
BBQ BAKED BEANS  
PINEAPPLE TIDBITS  
FUN SIZE FRITOS  
MILK

**27**

CHEESE PIZZA  
OR CHEF SALAD  
w/Crunchy Breadsticks  
CARROTEENIES  
RED APPLE  
MILK

**28**

PIZZA DIPPERS  
w/Marinara Sauce  
OR FISH SANDWICH  
COLESLAW  
PINEAPPLE  
MILK

Cal xxx  
T. fat xxx  
S. fat xxx  
Carb xxx  
Prtn xxx  
Iron xxx  
Calc xxx  
Vit A xxx  
Vit C xxx

**31**

BBQ \*RIB SANDWICH  
OR CORN DOG NUGGETS  
CORN OFF THE COB  
DICED PEARS  
ANIMAL CRACKERS  
MILK

All menus meet the USDA guidelines for grades k-6 for caloric and nutritional content. Each lunch includes: protein, fruit & or vegetable, breads & grains and milk.

Cal xxx  
T. fat xxx  
S. fat xxx  
Carb xxx  
Prtn xxx  
Iron xxx  
Calc xxx  
Vit A xxx  
Vit C xxx

**Questions about the menu?  
Call Kathy Carter, RD or Melissa Paulus, RD  
at 630/301-5533**

The School Lunch Program is operated in accordance with the U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, handicap or national origin. Any person who believes that he/she has been discriminated against in any USDA activity should write to the Secretary of Agriculture, Washington DC 20250.