



District Administration Office

1877 W. Downers Place

Aurora, Il. 60506

[www.sd129.org](http://www.sd129.org)

Dear Families,

This letter is to inform you of active cases of Hand, Foot and Mouth Disease in your child's classroom. The virus, also known as coxsackievirus, is spread by droplets or respiratory secretions from coughing and/or sneezing. Generally, 3-6 days will pass from the time your child is exposed to the virus until the symptoms appear.

To protect the health of your child and others, please watch for the following signs and symptoms and contact a physician if you think your child may have contracted the virus.

- Fever
- Headache
- Poor appetite
- Sore throat accompanied by small sores in the mouth, on the gums or side of the tongue
- Rash and vesicles (blisters) on the palms of hands, soles of feet and buttock

Please promptly report a confirmed medical diagnosis of Hand, Food and Mouth disease to your child's school. A child who has a fever should not return to school until they have been fever free for 24-hours (without the administration of Acetaminophen or Ibuprofen). Your child may also need to be kept home if they are feeling ill or are unable to eat or drink due to increased pain while swallowing.

To help reduce the spread of Hand, Food and Mouth disease and other viruses, children and adults should adopt good hand-washing habits. By practicing good hygiene and staying home when sick, we can work together to reduce the spread of illness at school.

West Aurora School District follows recommendations from the Illinois Department of Public Health, the Center for Disease Control and the American Academy of Pediatrics in policy and treatment. Please direct any questions to your school's health office or building administration.

Thank you for your continued cooperation in helping maintain a healthy school environment.

Sincerely,

Mr. Dave Russell  
Principal of Fearn Elementary School